

FEBRUARY 2023 ISSUE 172

Newsletter for the Odell and Diller Communities



ALL YOU CAN EAT \$18 in advance \$20 at the door or Opera House Member

Menu

Shrimp, Beef Fries, Ham, Cole Slaw, Potatoes, Roll, Tea and Coffee

Diller Opera House Diller, Nebraska



The Legionnaires appreciate the community support they receive. Donations will help offset costs for a new furnace and will continue to support local youth activities.

Get Involved!

Studies have indicated that **VOLUNTEERING** is good for your mental health. See what is happening at the Odell Community Foundation on page 4. OACE is explained on page 3! See more about how volunteering is so good for you on page 5. Diller area boasts both the Diller Community Club and the Diller Community Foundation.

All of these community groups keep the communities vibrant, improving, and moving forward!



SUNDAY, FEBRUARY 19, 2023 Formal Valentine's Meal Tables of 2-8. Shifts: 4:45, 6:00, 7:15 Brought to you by Our Savior Lutheran Church Youth Group LOCATION: Diller-Odell High School Cafeteria Contact: Joyce Kostal for Reservations

402-239-5810 or joycekostal@yahoo.com

n

February 2023

8 - Bingo @ Ode Market Coffee Shop 12 - Nail Party @ Rice Lodge

10 - No School

II - Bag Sale @/Back Roads

II - Fish Fry @ the Legion

19 -Valentine's Meal by Youth Lead

20 - OACE Meeting @ 7:00 pm







NEED VOLUNTEERS! Help out once a week for

Help out once a week for an hour! (11am-noon) Or be a Substitute! Call Barb Z. a 402-766-3780 or 402-806-6999



The State Bank of Odell will be closed Monday, February 20 in observance of

Presidents Day



Odell's Rice Lodge & Conference Center, Bed, & Breakfast has TEN bedrooms, each with its own bathroom, great outdoor sitting areas, and FOURTEEN TVs.

Within the Lodge is a conference/meeting space and 2 kitchens.

This is the perfect place for your family reunion. 2023 is filling up fast.

If you are thinking about a family gathering of any kind and would like to get a tour of the facility, or make a reservation, please call, email or visit the website:

402-806-2174, ricelodge@diodecom.net, or ricelodge.odell-nebraska.us

galentine's Nail Party!

Color Street dry nail polish strips come try them for free and enjoy
some girl time! If you'd like, bring
your favorite drink to share!

When: Sunday, February 12 from 4:00-6:00

Where Rice Lodge in Odell

Questions? Contact Amanda (Stanosheck) Bodfield: (402) 239-5930







Odell Area Community Enrichment

What is it?

OACE is a group of volunteers that helps with a variety of fundraisers throughout the year. The money raised from each event is readily available for any funding request that we may receive. OACE was formed when the Odell Women's Group for a Better Community and the Odell Community Club joined together.

At the Corner Bar, Meetings:

every 3rd Monday, potentially moving to every other

month.

Top **Events** hosted by OACE:

Easter Egg Hunt, Odell Day, Run for Fun, Trunk or Treat, Craft Fair,

Community

Christmas

Here are the ways you can find out more info about OACE:

- oaceodellegmail.com
- Find us on Facebook: OACE- Odell Area Community Enrichment

You Can Help!

Anybody that has interest in helping with any specific event that OACE hosts is welcome to join us. You don't have to attend any meetings but it is helpful to attend to stay up to date with current plans.

We don't want to see OACE go away, we have financially assisted a wide variety of groups within our community. We want to continue to grow a great group of individuals and families that want to see a positive atmosphere for our community.

Contact Info

Owners *Computerized Diagnostics 402-766-4414 *New Tire Sales 101 Main St., Odell *24 Point Inspection with all Oil Changes Small Town Service, Big Time Know-How

Sutton Repair

SERVICE OF ALL CARS & TRUCKS!



*Certified Technicians

*Windshield Repair

Griffin Gear Screen Printing Personalized Items Embroidery

Employee Gifts Fundraiser Item

Vinyl Decals Promotional Items

Spencer & Kristie Sutton,

Open

9 am - 6 pm

Weekdays

402-806-0866

email: statelinepromo@yahoo.com

Funding Request 2022

- \$500 Diller-Odell Youth Football for practice equipment.
- \$285.89 purchase 2 new roasters and 1 - 100 cup coffee pot for the Odell Community Building.
- \$100 Diller-Odell Post Prom.
- \$1508- in 2021 for all the Christmas lights downtown.
- \$100- Graduation gifts for Diller-Odell Seniors.
- 2-\$500 Scholarships. Congrats Cooper Ebeling & Mallory Denner.
- Several Odell Dollars of various amounts are utilized at local business and OACE pays the buisnesses.

Funds Raised

The funds raised throughout the year varies on sponsorships and events.

Odell Day: \$6212.80. This consist of mostly business sponsorships that the Odell Day Committee ask for.

Craft Fair: \$9319.50. This is our biggest fundraiser! We made \$1.151 this year on the \$1 entry fee collected.

Community Christmas: \$235.36

Mark your calendars! **Odell Day is** June 17, 2023



Kristie Sutton **Independent Scentsy Director** http://odellsutton.scentsv.us 402-806-2468



Tom Penner (402)230-0464

Sid Penner (402)520-2321



Odell Community Foundation Board Minutes January 19, 2023 submitted by Perry Gydesen

The Foundation conducted a combination board meeting and guest meeting on January 19, 2023. Lynn called the meeting to order at 7pm.

Members present: Lynn, Amanda, Larry, Sharon, Mark, Carmen, and Perry.

Treasurer's report: Larry reported incomes and bills paid. We have a current balance of \$8,090.35 with an outstanding debt of about \$7,000 for dirt work done at the old elementary building sight. Motion by Perry and second by Mark to approve the report. Approved by vote.

Secretary's report: Perry Minutes of the December 8,2022 meeting were handed out to the board to read and discuss. Motion by Larry to accept the report second by Carmen. Minutes approved by vote.

New business: Carmen reported that she had talked to Brittney Kotas about possible projects that the Foundation could receive donations for, earmarked for those projects. She also talked to Brittney about getting alumni addresses for a fund- Secretary: Perry Gydesen raising letter.

Old business: Larry submitted a report of the past demolition of properties that were deemed uninhabitable. Many were projects that the Foundation had a hand in to make improvements to the community by having the structures torn down.

The board suspended their regular meeting at 7:30pm to welcome visitors to the meeting. Those visitors were Brittney and Kolin Kotas and Blake Vitosh. They are members of OACE who wanted to share what has been happening in their organization and what projects they were looking at for the future. These projects included updated re-

strooms for the park, a new welcome sign to Odell, helping to fund the new library building, and perhaps a new indoor/ outdoor shelter for year round use at the park. After discussion, the Foundation board pledged to help support these projects by adding these projects to a list in



Open Tuesday - Saturday!

Hair Cuts • Perms • Colors • Pedicures Manicures • Facials • Waxina



the fundraising letter that will be sent to alumnus and businesses in the near future.

We certainly enjoyed and are grateful for the interest these OACE members have in our community and other OACE members as well. Thank you for attending our meeting.

Our regular meeting was resumed at 8:24pm. At that time, we reorganized. Mark made a motion to keep all officers in their current positions. Second by Carmen. Motion was approved by vote. The 2023 board will be:

President: Lynn Henrichs Treasurer: Larry Stanosheck

VP Fundraising: Carmen Spitsnogle

VP Senior Citizen Affairs: Sharon Gydesen VP Community Representatives: Mark Billesbach

& Amanda Bodfield

NEXT BOARD MEETING: March 16, 2023 @ the Odell Community Building.

Don't Forget when Shopping Amazon, go to Amazon Smile and SELECT: **Odell Community Foundation**





In All Things....Charity

The season of Lent for Christians begins on February 22, with the commemoration of Ash Wednesday. On this day, we are reminded of our mortality, that we are dust from dust and ashes from ashes. Lent is a season of doing penance so as to grow in charity, in preparation for the celebration of Easter. Easter is April 9 this year. Lent lasts about 40 days, in imitation of Jesus being tempted by the devil for 40 days in the desert before give alms, do not let your left hand know what your be began his public ministry.

The penitential season of lent revolves around three types of penance: prayer, fasting, and almsgiving. Each of these is found in the Sermon on the Mount, chapter six of Matthew's Gospel.

Jesus speaks about PRAYER by saying, "When you pray, go to your inner room, close the door, and pray to your Father in secret." Our inner room is our heart, where we speak with God, and God speaks with us.

In regard to FASTING, Jesus says, "When you fast, anoint your head and wash your face, so that you may not appear to be fasting, except to your Father who is hidden." The Father will repay us for our fasting, especially when it is done without complaint and for the love of God.

ALMSGIVING can include parting with any of our material resources, including money. Jesus says, "When you right is doing, so that your almsgiving may be secret." We are not to make a big show of our almsgiving because our Father in heaven sees all we do and will repay us. Lent impresses upon us the need to be unselfish and to think more about those among us who are last, least, and lost. Lent focuses us upon charity. In the end, our lives will be measured by the love we showed to God and others.

Submitted by Father Loris Grell, St. Mary's, Odell

BENEFITS OF VOLUNTEERING 1) Reduces Stress

Whether we are working with adults, children or pets, a meaningful connection can take our mind off our worries when we put our attention on someone or something else. The richer the experience, the more we feel satisfied with giving of our time and talents, and that results in improved mood and less stress.

2) Combats Depression

Volunteering can keep the mind distracted from a destructive habit like negative thinking or being overly critical (especially of oneself). It can also increase motivation by providing a sense of accomplishment. We think, "If I can do this, what else is possible?"

3) Prevents Feelings of Isolation

While volunteering, we can also make new friends growing our social network and possibly even our professional one. Picking an activity that we enjoy gives us a higher chance of meeting people who share our values and worldview. Like-minded, like-hearted people come together over common interests. Whether it's building a community garden, campaigning for specific political movement or giving tours as a museum docent, the key is to show up with some consistency and warmly introducing ourselves. It's possible

to create friendships that can last long after the volunteering ends. And, especially for those of us who are naturally more shy and introverted, a volunteer activity can help break the ice while helping others.

4) Increases Confidence

Some volunteering activities require learning new skills. Gaining a new ability coupled with being in an unfamiliar environment can provide mental stimulation that we would otherwise not experience.3 Also, in growing our skill set to make a difference for others, we can gain a sense of pride and identity, which can lead to having a more positive view of oneself.

5) Gives a Sense of Purpose and Meaning

Regardless of our age, whether we are still in our prime income-earning years or in retired, volunteering can give meaning, purpose, and fulfillment in ways different than what we do or have done for work. Whether it's with seniors, children, animals or due to a natural disaster, the willingness to do what's needed in the moment no matter how humbling the task can put things in perspective and help grow compassion for others

LOCAL SERVICES

Wednesday, February 22, 2023

St. Mary's Catholic Church - Odell @ 5:30 pm

St. Paul's Lutheran Church - Diller @ 7 pm

Our Savior Lutheran Church - Odell @ 7 pm

6) Ignites Passion

Volunteering is also a fun way to explore different interests or even perhaps work alongside a master. It can be an energizing escape from your daily routine especially if you sit in front of a computer all day and long to be more active and in the outdoors. Look for opportunities to help clean up the woods you love, walk dogs for an animal shelter, or volunteer at a youth soccer camp.

7) Makes You Happy

Research shows that feel good hormones and brain activity spike during volunteer activities. Humans are designed to be in community, serving one another. It's impossible not to impact a community when you volunteer. Just being there and doing whatever is needed is contributing to the greater whole. Volunteering makes the world a better place by aiding a community in need and helping others provides immense pleasure.

February Health Blog -

Since February is American Heart Month, it's a good time to reflect on the health of your heart and blood vessels. Cardiovascular events like heart attacks and strokes are responsible for approximately 35% of deaths in American adults every year and is our #1 killer. (In case you're interested to know, cancer is a close second.) While that's not great news, it is good news that we have the ability to reduce our risk of a heart attack or stroke through lifestyle changes. According to two large studies of the populations of 52 different countries, the INTERHEART and INTERSTROKE studies, over 90% of all heart attacks and strokes can be attributed to smoking, having history of high blood pressure and/or diabetes, obesity, stress, a lack of daily consumption of fruits and vegetables, regular alcohol consumption, and a lack of physical activity. These associations were noted in men and

women, old and young, and in all regions of the world. As is the case with most chronic diseases. inflammation plays a critical role in both development of cardiovascular disease as well as its progression. Therefore, anything that fights inflammation typically can help prevent or reverse it. This includes eating food high in antioxidants, like fruits, vegetables, herbs, and spices as well as getting regular moderate physical activity and adequate sleep. It's also important to avoid certain behaviors such as smoking and excessive alcohol consumption, which is defined as more than

one drink per day for women and two drinks per day for men. (And no, you can't save them all up for the weekend and have them in one sitting!)

Changing behavior is challenging but in the spirit of American Heart Month and Valentine's



Day, make a change for your heart and for those individuals in your lives who occupy it. For those who are willing to accept that challenge, there will be 6 free copies of the "Prevent and Reverse Heart Disease Cookbook" available at the Odell Public Library during the month of February. Dr. Amanda McKinney

FREE COOKBOOK Challenge!

Happy 80th Birthday

to Joyce Lahodny on February 11th!

The Lahodny family will be hosting a
Birthday Open House Celebration
Please stop in and
celebrate with Joyce!
Sunday, February 11; 1-4 pm
Rice Lodge & Conference Center in Odell

No gifts please

Odell Library

Odell "Originals" - August Wolf



The August Wolf family is pictured c. 1910. August Wolf was born in Ohio in 1875, came to Gage County in 1879, and bought land in Section 4 of the Paddock Township. He married Wilhelmina Kracht of Illinois. Albert E Wolf, son of August and Wilhelmina, graduated from Odell High School in 1900. Albert's brother, Fred, graduated 1902 and another

brother, Arthur, graduated in 1905. Fred was teaching at Center School in 1903.

In 1910 August was one of many neighbors in the Paddock Township asking the Gage County Board of Supervisors to establish a public road in Sections 2 and 3 of Paddock Township. Those neighbors included James Colgrove, William Weiner, Frank Masek, John Cacek, Joe Pecka, James Bures, John Shalla, Fred Bednar, and WF Gerdes, as well as many others. August died in 1920. His obituary stated that he was a member of the County

Farm Bureau, the Farmer's Union, the school board, and a member of the Odell Methodist Church serving as a Sunday School teacher and superintendent as well as an official of the church board. He was 63 years old at the time of his death.



Cranberry Cream Cheese Dip & Cucumber Sandwich Sampler and a Side Salad

fntree Choices (Select 1 per person) —

#1 - Everything Bagel Roasted Salmon with Honey Mustard Sauce Served with Lemon Herb Couscous Salad and an artisanal roll

#2 - Creamy Tuscan Sausage Pasta Served with Garlic Bread

- Dessert Choices (Select 1 per person) -

#1 - Chocolate Cherry Croissant Bread Pudding #2 - Strawberry Almond Cake

Valentine's Meal

Brought to you by Our Savior Lutheran Church Youth Group

Our Youth Group will serve you appetizers, bread, choice of entree (pre-selected), dessert, and drinks. You will be taken care of by our youth group in a lovely setting for your Valentine celebration

Get your Reservation now! SHIFTS: **4:45 pm, 6:00 pm, 7:15 pm**

\$40/COUPLE

We can set up tables of 4-8 if you want to bring friends LOCATION: Diller-Odell High School Cafeteria

Contact: Joyce Kostal for Reservations 402-239-5810 or joycekostal@yahoo.com





Mag & Main
OPEN Most
Saturdays:
9 am-I pm
Check Social Media
to see what
Saturdays!

January Student of the Month

The Diller-Odell Elementary
Student of the Month for
January is Tynleigh Sasse.
Tynleigh is a respectful, responsible and safe Griffin.
She comes to school each day with a smile on her face, eager to learn. Tynleigh words hard and is a positive role model. She is the 1st grade daughter of Karter and Tara Sasse.

Congratulations Tynleigh!



February Events @ School

I—JH Girls BBall @ Home—12:30 6—FFA Meeting @ 7:00 pm

8—JH Girls BBall @ Home—I:00 pm

9—Parent-Teachers Conferences 4-7 p 10—NO SCHOOL.

Home BBall Games @ 4:30 pm

15—JH Girls BBall @ Home—1:00 pm

18—JH Girls BBall Tourney @ Home



Interested in joining Odell Cookies 4-H Club? ages 8-18

> Contact Lori R: lrempel06@gmail.com or 402-440-8824



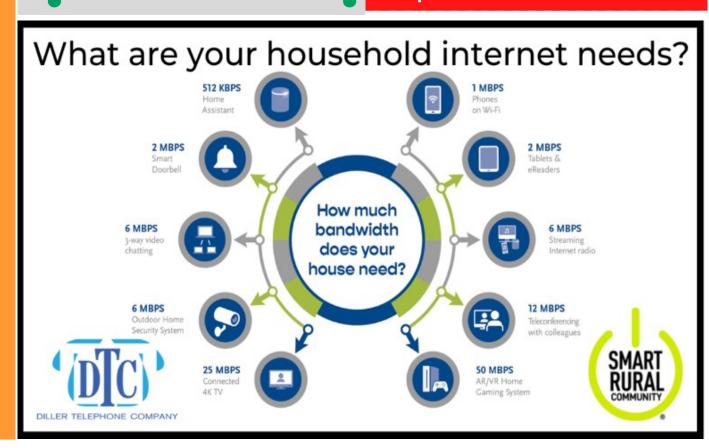
MONDAY-SATURDAY 8:00 AM - 7:00 PM

2ND & 4TH SUNDAYS 9:00 AM - NOON

Pizza oven shuts down 30 minutes before closing

DAILY LUNCH SPECIALS MONDAY-FRIDAY

Discounted CANDY and WINE! - up to 75% off select items!



"It's easy to make a buck. It's a lot tougher to make a difference."—Tom Brokaw

Area February Birthdays

1—Jeff Nelson & Lilly Welch 2—Daryl Holle

3—Perry Gydesen, John Novotny, & Mason Schlichtman

4—Addison Stein & Stu Vitosh

5—DeAnna Duis, Rick Garton, & Kristen Heidemann

6—Lucah Genrich & Steve D. Kostal

7—Steve R. Kostal

8—Tara Sasse

9—Jody Franzen, Sue Gomon, Creyton Heidemann, Andrew Henrichs, Morgan Kapke, & Cooper Logan

10—Joel Holtmeier & Keeton Warnke

11—Daltyn Hroch, Victoria Klecan, Hilary Milligan, & Travis Robeson

12—Jill Bergmeier

13—Miriam Cacek, Mike Tennant, & Marcella Vitosh

14—Mandee Hackler, Steve Hemphill, & Heidi McClintock

15—Maggie Knabe

16—Ted Hajek, Haley jones, & Troy Koch

17—Amanda Hicok, Evangeline Klecan, Chris Schlichtman, Madison Sherwood, & Chuck Whitehead

> 18—Rusty Bodfield, Elliott Sasse, Kay Theye, & Shawn Weers

19—Ardith Barber, Jordan Cowles, & Patrick Jurgens

20—Amy Coufal & Toni Landenberger

21—Zeke Jones, Elizabeth Knabe, & Cynthia Stohs

22—Nick Nelson

23—Alicia Ebeling

24—John Hemphill & Mark Zabokrtsky

25—Terry Bures & Betty Hennerberg

26—Ethan Lindeen

27—Brooklyn Barr

28—Zeke Heble, Geri Ann Henrichs, Tanner Parde, & Greg Weers Happy Birthday to Dylan Dendinger on Feb. 1! Love, Your Family & Friends

Happy 36th Birthday on 2-2 to Brittney Kotas, our wonderful, caring daughter. Mom and Dad Happy Birthday Wishes to MOM, Brittney Kotas!

Love, Kyler, Kasen, Saylor, & Kolin

Happy Birthday to our Sister, Brittney!

From Shane & Laine and JT & Morgan

Happy Birthday Aunt Bwitty! WE LOVE YOU!

Audrey, Mellie, Judah, & Ava

Happy Birthday to Andrea Humphreys on Feb. 2! Love, Your Family & Friends

Happy 2nd Bday to Feb. 4th to our great niece, Baylor Vitosh! From Uncle Brad & Aunt Amy

Happy 17th Birthday to Keira Hennerberg on Feb. 6! Love, Mom, Dad & Josie

Happy 4th bday on Feb. 7 to our granddaughter in Chicago, Mellie Vitosh—We Love you and miss you so much.
Gpa Brad & Gma Amy

Happy Birthday to Betty Hubka on February 8! Love, Julie, Pat, Jesse, Dana, Luke, Jane, Joyce, Paul, Mel, Kate, Tim, Meeghan, Gage, & Cal

Happy Birthday on Feb. 13 to Kimberlyn Mae! Love, Mom, Dad, Kyler, & Kenleigh!

Happy Birthday on Feb. 14 to Kory Diekman & Jacklyn Hirschler! Love, Mom & Dad Milligan

Happy Birthday to Sidney Engelman on Feb. 18 Love, Paul, Joyce, Mel, & Kate

Happy Birthday to Shawn Milligan on Feb. 26! We Love You! Rochelle, the kids, and all the Grandkids!

Happy Birthday to Cathy Bures on Feb. 28! From, Dad & Mom Bures

Happy 18th Birthday to Kate Kostal on Feb. 28

Love, Mom, Dad, Mel, Bailey, & Juni

Happy Birthday to Dalton Bures on Feb. 28 (29)! From Grandpa & Grandma Bures



Ice Cream and Sandwiches
Try the strawberry, mint or even a
mixer quart of ice cream.

Sunny Dipper Special!

Buy 1 get the second one 1/2 price.

Pick up on February 10th and 11th and
enjoy on Valentine's Day!

OPEN:

CALL

──> TUE-FRI: 4-8 PM

for Pick up orders:

SATURDAY: 12-8 PM

402-766-4308

Follow us on Facebook @ Sunnys ice cream and sandwich shop

205 Main St. Ste. C, Odell, NE













State Bank of Odell
Odell, Nebraska



February

HOURS

Monday: 7 am - 1 pm Tuesday: 7 am - 1 pm

Wednesday: 7-12 pm & 3-5 pm Thursday: 7 am - 1 pm Friday: 7 am - 1 pm

Occasional Saturdays

ANNOUNCEMENTS

OPEN: Saturday, February 11th AND Saturday, February 18; 9a-1p

CLOSED: Saturday, Feb. 4 & 25

NOTICE: Saturday February 11th 50% off BAG SALE!

Fill the bag and everything inside the bag is 50% off! - Limit one bag per customer.

204 Main Street, Odell, NE

Back Roads

402-766-4200 204 Main Street, Odell NF

50% Bag Sale Saturday, February 11th

Fill the Bag and everything inside the bag is 50% off.
Limit one bag per customer

